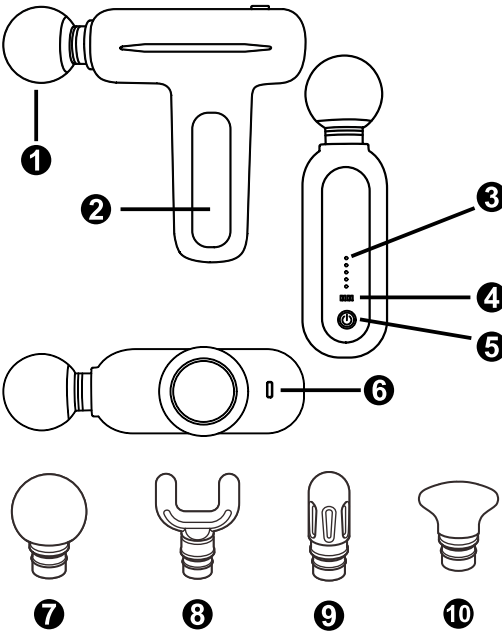


Device and controls



Explanation of symbols

IMPORTANT
Failure to follow these instructions may result in serious injury or damage to the device.

WARNING
These instructions must be followed to prevent possible injury to the user.

CAUTION
These instructions must be followed to prevent possible damage to the device.

NOTE
These instructions provide useful additional information regarding installation and operation.

LOT
The message device must only be used in enclosed spaces!

Do not use the message device in damp rooms (e.g. when bathing or showering).

LOT
Manufacturer

Recycling symbols/codes: These are used to provide information about the material and its proper use and recycling.



GB Safety Instructions

Read the instruction manual carefully before using this device, especially the safety instructions, and keep the instruction manual for future use. Should you give this device to another person, it is vital that you also pass on these instructions for use.



- Only use the appliance for the purpose for which it is intended in accordance with the instructions for use. Any misuse will invalidate the warranty.
- The unit is not intended for commercial purposes or the medical sector.

for power supply

- Only charge the unit's battery using the USB charging cable supplied. Never leave the unit unattended when it is connected to the mains (for charging) or in operation.
- Never charge the device in a flammable environment (e.g. flammable objects, gasoline, flammable gases, paint, etc.)
- Only connect the unit for charging so that the cable and power connector are freely accessible.
- The built-in batteries are not intended for replacement or removal by the end user. If problems occur with the power supply, contact the customer service.
- This device must only be supplied at safety extra low voltage (SELV) corresponding to the marking on the appliance.
- To disconnect the unit from the mains, always pull the plug out of the power connection. Do not pull on the cable!

for special persons

- If you have any health concerns, consult your doctor before use.
- You must not use the appliance if you suffer from one or more of the following diseases or medical conditions: Circulatory disorders, varicose veins, aneurysms, open wounds, heart disease, bruises, skin tears, cancer, phlebitis or thrombosis.
- Do not use the device if you are pregnant. Special care is necessary when the appliance is used on, by or near children, sick or helpless persons.
- Always consult your doctor before use if you are taking blood thinners, wear a pacemaker or defibrillator, or have undergone internal surgery to assess possible risks of using the device.
- If you experience pain or find the message uncomfortable, discontinue use and talk to your doctor.
- In case of unexplained pain, if you are undergoing medical treatment and/or using medical equipment, consult your doctor before using the massager.
- Do not use this device to support or replace medical applications. Chronic conditions and symptoms could be aggravated.
- Keep the device out of the reach of children under 16 years.
- This appliance can be used by children aged 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved.
- Children must not play with the appliance.

before operating the appliance

- Check the massager carefully for damage before each use. Do not operate a defective appliance.
- Do not use the appliance if any damage is visible on the appliance, if it is not working properly, if it has been dropped or if it has become wet. To avoid hazards, send the unit to the service centre for repair.

when operating the unit

- Do not use the unit when you are sleeping or in bed.
- Do not use the appliance before falling asleep. The message has a stimulating effect.
- Never use the appliance when driving a vehicle or operating machinery.
- Too long / too frequent use can cause overheating. Always allow the appliance to cool down before using it again.
- Never place or use the appliance directly next to an electric heater or other heat sources.
- Do not use the appliance on sensitive areas of the body, such as the head, face, spine, shins, backs of feet or hands, etc.
- This appliance should not massage the skin surface directly to avoid damage to the skin. The message part should be covered with clean, dry clothes or a clean, dry towel. It should be pressed and moved gently. The message time on the same spot should not exceed 60 seconds.
- Avoid contact of the appliance with pointed or sharp objects.
- Do not cover the appliance when it is switched on. Do not use the appliance under blankets or pillows. There is a risk of fire, electric shock and injury.
- **Make sure that fingers or other parts of the body never come between the message head holder and the message heads or directly onto the message head when switching on. Risk of injury!**
- Do not immerse the appliance in water or other liquids.
- However, if liquid enters the appliance, switch it off immediately and disconnect the power supply if it was connected. Wait until the unit is completely dry.
- Always switch off the appliance after use.
- Never block the ventilation slots of the device.
- Do not change the message head while the device is switched on.
- Do not use the device on these parts of the body: head, groin area, chest, and do not use it on parts that have undergone a surgery.

for maintenance and cleaning

- The unit is maintenance-free. You may only carry out cleaning work on the unit yourself. In the event of malfunctions or damage, do not repair the unit yourself, as this will invalidate any warranty claims. Consult your specialist dealer and have repairs carried out only by authorised service centres in order to avoid hazards.
- Only use accessories intended for the unit and supplied by the manufacturer.
- Cleaning and user maintenance must not be carried out by children without supervision.

Intended Use

The device is used for thermal self-massage on various parts of the body, e.g. shoulder, calf, buttock or chest muscles to activate muscles and promote muscle regeneration and stimulate blood circulation. The device is not intended for medical-therapeutic use. It is not suitable for clinics, message practices, wellness studios, etc. The message device is not a medical device and is not intended for the treatment of pain. In case of doubt or uncertainty, consult your doctor before use.

Device and controls

- ❶ **medisana MG 200** (with holder, so that the message head can be easily exchanged)
- ❷ Handle
- ❸ LEDs displaying the vibration intensity
- ❹ LEDs displaying operation and battery charging level
- ❺ On/off button, and change vibration intensity
- ❻ USB-C port (charging socket)
- ❼ Round head – suitable for large muscle groups
- ❽ U-shaped head – suitable for the muscles in the area of the spine
- ❾ Cone-shaped head – suitable for massaging deep tissue
- ❿ Flat head – suitable for relaxation and beauty massage

Scope of delivery

Please check first whether the unit is complete and does not show any damage. If in doubt, do not operate the unit and contact your dealer or service centre.

The scope of delivery includes:

- 1 **medisana** Handheld Massager **MG 200**
- 1 Charging cable, USB-C to USB-C
- 1 storage case
- 4 Message heads
- 1 Short instructions

If you notice any transport damage when unpacking, please contact your dealer immediately.



Packaging is recyclable or can be returned to the raw material cycle. Please dispose of packaging material that is no longer required properly.



WARNING
Please ensure that the packaging material is kept away from the reach of children! Risk of suffocation!

Charging the battery

The number of charging level LEDs ❶ being lit is signaling the battery charging level. If the first one is flashing the power is no longer sufficient for operation. You should then recharge the battery. Moreover, you should fully charge the battery before the first operation.

- Use a 5V mains adapter with an output current of 2A. Connect the supplied USB charging cable to the adapter and to the USB-C port ❻ of the device.
- The charge status LEDs ❶ indicate the charging process. The LED corresponding to the current charging level flashes. When the battery is fully charged, all the LEDs ❶ light up constantly. With a fully charged battery, the device can be used for up to 8 hours (depending on the selected level and pressure applied).

Operation

- Insert one of the message heads firmly into the holder on the device ❶.
- Press and hold the button ❷ for approx. 2 seconds to switch the appliance on or off.
- There are 5 fixed intensity levels, and a Smart Mode as sixth level. Smart Mode means that the vibration intensity varies depending on the pressure that you apply onto your skin.
- Every short press on the button ❷ moves to the next intensity level, after the 5th level you enter the Smart Mode, and then the next button press takes you back to the first level. The five LEDs ❸ indicates the currently active level. The Smart Mode is indicated by all these LEDs flashing cyclically one after the other.

The device switches off automatically after approx. 15 minutes unless it is switched off manually beforehand.

Troubleshooting

- Device cannot be switched on or cannot be charged
 - » Only use the appliance in rooms with the appropriate operating temperature (see Technical Data section). Failure to do so may result in functional impairments. If the device has been outside the permitted environment, place it in the correct environment for approx. 2 hours without further use and try charging or switching it on again.
 - » Also check whether the battery is sufficiently charged before switching the device on again.

- Device does not work or does not work normally, battery charge level at 0
 - » Always charge the battery in good time, at the latest when the first charging LED ❹ starts flashing. Otherwise, the electronics may switch off the device, to protect the battery.

- Message head falls off
 - » Check whether the head has been attached correctly. Some force may be required – if it has been attached correctly, it will not come loose during use.

- Device suddenly switches off
 - » The device switches off automatically after approx. 15 minutes. If you want to continue using the device, switch it on again. However, the message head may also be blocked. In this case, the LEDs for operation ❶ and intensity ❷ are lit, but the motor is stopped. Then a short press on the button ❸ should restart the motor (if the blocking is no longer present). Otherwise, the devices switches off automatically after being in stop mode for 5 minutes. If the device cannot be switched on again, remove the message head and check whether it can be attached correctly.

Cleaning and care, storage

- Before cleaning the appliance, make sure that the appliance is switched off. Allow the appliance to cool down.
- Only clean the massager with a slightly damp sponge. Never use brushes, harsh cleaning agents, petrol, thinner or alcohol. Rub the massager dry with a clean, soft cloth. Do not dry on a radiator or with a hair dryer.
- Never expose the device to direct sunlight or temperatures above 40°C.
- Only use the device again when it is completely dry.
- Store the appliance and all individual parts in a safe, clean, cool and dry, well-ventilated place. Secure it against falling and shocks.

Technical Data

Name and model:
Power supply:

medisana Handheld Massager **MG 200**
Li-Ion battery 7.4V, 1800mAh
Input: 5V== 2.0A
approx. 3.5 hours
settable in 5 levels,
plus a Smart Mode with a pressure-dependent vibration intensity

Level	Vibration frequency [1/min]
1	1600 ± 15%
2	1800 ± 15%
3	2200 ± 15%
4	2600 ± 15%
5	2800 ± 15%

Automatic switch-off:

Message amplitude:
Dimensions:
Weight:
Noise level:
Operating conditions:
Storage conditions:
Charging cable:
Item number:
EAN number:

after approx. 15 minutes
pprox. 8 mm amplitude with approx. 12 kg applied force
approx. 14.7 × 12.6 × 5 cm
approx. 370 g (without message head)
<50 dB (at 1 m distance)
only in dry rooms at –10°C to +40°C
clean and dry at –10°C to +40°C
USB-C to USB-C, length approx. 50 cm
88998
40 15588 88998 1

Disposal



This product must not be disposed of together with domestic waste. All users are obliged to hand in all electrical or electronic devices, regardless of whether or not they contain toxic substances, at a municipal or commercial collection point so that they can be disposed of in an environmentally acceptable manner. Consult your municipal authority or your dealer for information about disposal.

Warranty and repair terms

Your statutory warranty rights are not restricted by our guarantee below. Please contact your dealer or the service centre in case of a claim under the warranty. If you have to return the unit, please enclose a copy of your receipt and state what the defect is.

The following warranty terms apply:

1. The warranty period for **medisana** products is 3 years from date of purchase. In case of a warranty claim, the date of purchase has to be proven by means of the sales receipt or invoice.
2. Defects in material or workmanship will be removed free of charge within the warranty period.
3. Repairs under warranty do not extend the warranty period either for the unit or for the replacement parts.
4. The following is excluded under the warranty:
 - a. All damage which has arisen due to improper treatment, e.g. non-observance of the user instructions.
 - b. All damage which is due to repairs or tampering by the customer or unauthorised third parties.
 - c. Damage which has arisen during transport from the manufacturer to the consumer or during transport to the service centre.
 - d. Accessories which are subject to normal wear and tear.
5. Liability for direct or indirect consequential losses caused by the unit are excluded even if the damage to the unit is accepted as a warranty claim.



medisana GmbH, Carl-Schurz-Str. 2, 41460 NEUSS, GERMANY

In accordance with our policy of continual product improvement, we reserve the right to make technical and visual changes without notice.

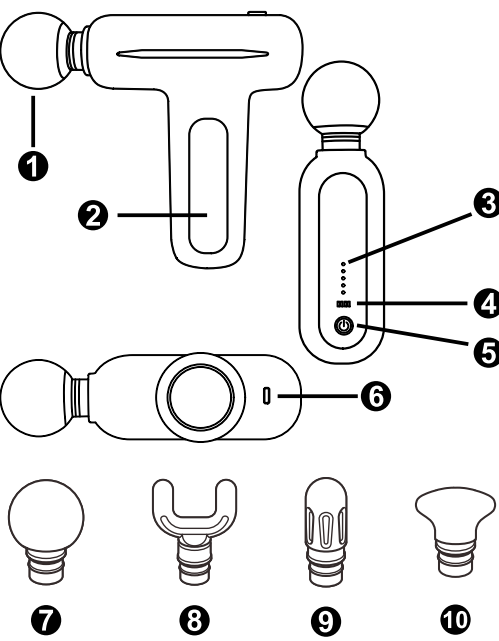
The current version of this instruction manual can be found under <https://docs.medisana.com/88998>.

Information about service can be found here: <https://www.medisana.com/servicepartners>

medisana®

CZ **Návod k použití**
Handheld Massager MG 200

Přístroj a ovládací prvky



Prístroj

Uređaj i elementi za upravljan

